

AGING **IN** PLACE TRANSITION SERVICES

We're On Your Move

The APS Team Can Help with Fall Projects

Fall is finally in the air! This reminds us of the other type of "fall."

According to the U.S. Centers for Disease Control and Prevention:

- One in four Americans aged 65+ falls each year.
- Every 11 seconds, an older adult is treated in the emergency room for a fall; every 19 minutes, an older adult dies from a fall.
- Falls are the leading cause of fatal injury and the most common cause of nonfatal trauma-related hospital admissions among older adults.

The APS Team can help seniors take certain precautions that can extend independence and make their surroundings safer. Many accidents can be prevented by removing clutter. Keep areas clear such as stairways and hallways. All entrances to your home need to be free of items to help prevent slips or unforeseen accidents. Let us know if you need our help.



The Art of Moving During a Pandemic



The APS Team continues to focus on the effect of the COVID pandemic on our clients and our business, and we now have one of the best examples to share with you. Mary N., a local artist, entrusted the APS Team to help her with downsizing from her home of over 40 years to a spacious new apartment in a Nashville senior community. It was the first time we have worked with an artist's own collection and studio and gave our team new challenges. We were just beginning to get started on her sort and pack, when the pandemic began, and everything came to a halt. Mary was courageous and funny throughout the many delays and special conditions. Hear what she has to say about the experience.

[Click here](#) to watch an online interview with artist Mary N.

And, Another Mary Sings Our Praises

A lover of old homes and antiques, Mary S. needed the APS Team to help her pack and move. She is also a world traveler and had many fragile pieces of pottery and glassware. Because she knows the company well and has helped with marketing initiatives, she knew how organized and efficient we were. The move had been scheduled before the coronavirus had spread to the U.S. But, when it came time to pack, the pandemic was in its early stages. Already having pandemic procedures in place, the APS Team was able to help Mary move her beloved treasures to her new home. She is also an avid gardener and they were able to help her move her plants, garden art and many things the large moving companies won't take. Mary continues to tell everyone how much she loves her new home and without the APS Team help.... it possibly never would have happened.

[Click here](#) to hear what Mary S. has to say about her experience.



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Contact us and let us know how we can help you during this challenging time. Drop us a line at sbwarne@aginginplaceservices.net or call 629-999-2477.

Stay Safe and enjoy the Fall!

