



Celebrating Senior Move Managers Week

The National Association of Senior Move Managers (NASMM) has declared May 13-19, 2018 National Senior Move Managers Week. Aging in Place is a NASMM certified Senior Moves Manager. During this recognition week, NASMM and APS are promoting the value of Senior Move Management and Senior Move Managers' commitment to assisting older adults and families with later lifestyle transitions. We want to share a story that illustrates this commitment.



Joy to the World!

How in the world do you help someone who really doesn't want your help? Here's an example. Over a year and a half ago, the APS Team was asked by Joy's son to declutter and downsize his mother's home in preparation for her move to Traditions at Spring Hill. Joy was not joyful! To say the least, she was very resistant at the start of the project. She did not want us to come in and organize at all. But, over time she warmed up to the team and enjoyed the company and the process of putting her home in order.



She really did not want to move either, and refused to let us pack her belongings. So, we worked with her for several weeks donating clothing, cleaning out old files, tossing old food and lots of mail and old papers. We recommended to her son that perhaps it was better not to push her to move right away. And, we suggested that maybe he could get her to agree to have a home health company come in for three or four days a week to help with meals, shopping and to keep the clutter down. After meeting the crew from Preferred Care in Hendersonville, Joy did agree to home healthcare, which allowed her to stay in her home until recently.

Now she needs more medical oversight and has agreed to move to be near her son and family. The APS Team was also asked to help with this transition. After moving Joy in to her new home, we were leaving with our supplies just as she and her son were walking in. They were very pleased and he sent us a photo of Joy enjoying her new home.

Over the next month, continue to work on this project as we distribute items to family, sort items and have a moving sale and help to assist with getting the house ready to sale. [Check the website gallery for photos on this project and for an update in June.](#)

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Spread some joy!