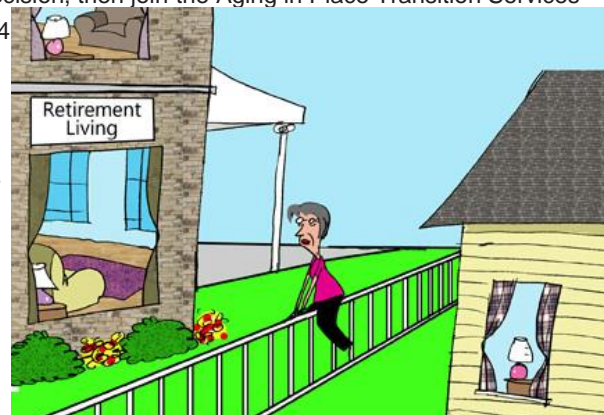


Are You On The Fence About Downsizing?

If you need more information to help you make the decision, then join the Aging in Place Transition Services (APS) team at a free seminar on Tuesday, October 24 from 6:30 to 8 p.m. The community informational session entitled, "The ABCs of Downsizing," will take place in the Community Room at NHC Place Cool Springs in Franklin, located at 211 Cool Springs Blvd.

The seminar is designed to answer common questions regarding downsizing. APS Owner/President Sara Beth Warne will speak on "Downsizing Your Stuff—Ready, Set, Gone!"

The two-day event will take place on Oct. 24 & 26 and will include other speakers who will enlighten participants on the many different decisions they may need to consider.



"I'm on the fence. Downsize and move to a retirement community, or age in place?"

Walk-ins welcomed, but RSVPs encouraged. Please contact Hertha Hines at hhines@nhcplace.com OR 615-778-683.

[Click here for more information about the event.](#)

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