



## The APS Angels Give Back to the Community By Helping at St. Lukes Food Pantry

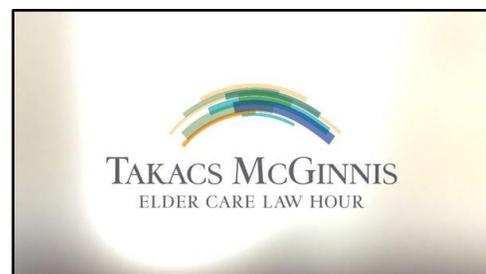
St. Lukes Community House helps low income families, seniors and individuals in the West Nashville area. During the year, St. Luke's partners with Second Harvest Food Bank to provide emergency food boxes to families and individuals in need.

Recently, the APS team donated several volunteer hours helping stuff food boxes to assist St. Lukes during this very busy time of year. It is part of our mission to give back to our community. By helping families in need during the holiday season, we can make a real difference in our community.



## Watch APS on Channel 5's Takacs McGinnis Elder Care Hour on Friday, Dec. 15

APS owner Sara Beth Warne will appear on an upcoming segment of Takacs McGinnis Elder Law Hour on Channel 5+ Nashville. The show brings expert advice and thoughtful commentary on the personal, legal, and financial challenges created by aging, chronic illness, and disability. Hosted by Tim Takacs and Barbara Boone McGinnis, the show airs Fridays first airs at 9 a.m. on NewsChannel 5+ and will continue to air though out December.



## Have You Been Following Our Project on Facebook?



Take a behind-the-scenes look at one of our current renovation projects. APS is helping our client remain in her home. Miss P., in her early eighties, expressed her desire to stay in her current home, but none of the bathrooms were accessible. Using a walker, sometimes a wheelchair, she was unable to enter the existing shower because of the narrow door and high curb. The bathroom was also subdivided into small rooms which made it very difficult to negotiate corners and turns. Follow the progress

as we continue to post videos from various stages of the project over the next few weeks on our Facebook page.

Click the Facebook icon and it will take you to our page.



**Best Wishes for a Wonderful Holiday Season!**